
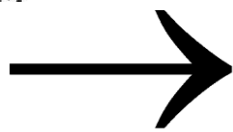










DECEMBER 2016



The Eagle Café – Emmanuel Preschool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Mexican Crispito Doritos Corn ½ c. Juicy Juice	2 Hot Dog. French Fries ½ c. Raisels
5 Cheese Quesadilla Fresh Carrots Fresh Red Grapes	6 Rotini Pasta Italian Salad. Applesauce . Bread Stick	7 Breaded Chicken Tenders (2 Pieces) Steamed Mixed Vegetables Mandarin Oranges	8 Hot Ham and Cheese Sub Tater Tots (6 pcs) Strawberries ½ c.	9 Stuffed Crust Cheese Pizza Peas ½ c. Apple Slices ½ c.
12 Chicken Nuggets (4 pieces) Green Beans ½ c.. Pears ½ c. Pretzels	13 Taco in a Bag Lettuce Cheese Refried Beans ¼ c.. Banana	14 Hamburger or Cheeseburger French Fries . Peaches ½ c. Dill Pickle Slices	15 Cheese Toastie Yogurt 2 oz. Cooked Carrots ¼ c. Blueberries ¼ c.	16 Grilled Chicken Sandwich Steamed Broccoli ½ c. Pineapple ½ c. Garden Salsa Sun Chips
19 Pancakes(1) and Sausage(1) Syrup Cup Tri Tater(1). Orange Juice	20 Pepperoni Pizza Slice Corn ½ c. Applesauce ½ c.	21 Christmas Break	2nd 	2nd 
26 	27 	2nd 	2nd 	3rd 

News

2016/2017

Lunch Prices

Students: \$ 2.75

Adults and guest lunches: \$3.40

Snack Milk: \$.40

Extra Milk at lunch: \$.40

If you will be arriving late please call your child's lunch in no later than 9 a.m. so that we may have your child's lunch prepared on time.

Peanut Butter and Jelly(PBJ Meal) Is available every day for your child. They will receive a PBJ, Cheese or yogurt, one whole grain item, milk and the fruit and vegetables listed on the Main Menu.

If you have questions please email them to: rprratt@esmeagles.com

Water is available for all students daily at no charge.