

A Note from Pastor...

Dear Brothers and Sisters in Christ,

"I rise before dawn and cry for help; I hope in thy words. My eyes are awake before the watches of the night, that I may meditate upon thy promise" (Psalm 119:147-148).

As I write this letter my family is preparing for vacation and I am looking forward to a few days away. Hopefully these warm-weather months will also allow you some time for recreation, reflection and renewal. I pray for all of you, that this season will provide you with some time to spend in God's Word. In one of my favorite books "Life Together" Dietrich Bonhoeffer explores many aspects of Christian life and one of the disciplines highlighted in "Life Together" is common, daily meditation on Scripture among the members of a Christian congregation. Here are some of the things Bonhoeffer wrote about the ancient Christian discipline of meditating on Scripture.

1. Why do I meditate?

Because I am a Christian. Therefore, every day in which I do not penetrate more deeply into the knowledge of God's Word in Holy Scripture is a lost day for me. I can only move forward with certainty upon the firm ground of the Word of God. And, as a Christian, I learn to know the Holy Scripture in no other way than by hearing the Word preached and by prayerful meditation.

2. What do I want from my meditation?

We want in any case to rise up from our meditation in a different state from which we sat down. We want to meet Christ in his Word. We turn to the text in our desire to hear what it is that he wants to give us and teach us today through his Word. Meet him first in the day, before you meet other people. Every morning lay upon him everything that preoccupies you and weighs you down, before new burdens are laid upon you. Ask yourself what still hinders you from following him completely and let him take charge of that, before new hindrances are placed in your way. His fellowship, his help, his guidance for the day through his Word – that is the goal. Thus you will begin the day freshly strengthened in your faith.

3. How shall I meditate?

We advise meditation which is bound to Scripture for the sake of the certainty of our prayers and the discipline of our thoughts. Furthermore, the knowledge of our fellowship with others who are meditating on the same text will make us love such meditation more. In the same way that the word of a person who is dear to me follows me throughout the day, so the Word of Scripture should resonate and work within me ceaselessly. Just as you would not dissect and analyze the word spoken by someone dear to you, but would accept it just as it was said, so you should accept the Word of Scripture and ponder it in your heart as Mary did. That is all. That is meditation. Do not look for new thoughts and interconnections in the text as you would in a sermon! Do not ask how you should tell it to others, but ask what it tells you! Then ponder this word in your heart at length, until it is entirely within you and has taken possession of you.

If during meditation our thoughts move to persons who are near to us or to those we are concerned about, then let them linger there. That is a good time to pray for them. Do not pray in general, then, but in particular for the people who are on your mind. Let the Word of Scripture tell you what you ought to pray for them. As a help, we may write down the names of the people we want to remember every day.

We begin our meditations with the prayer for the Holy Spirit, asking for proper concentration for ourselves and for all who we know are also meditating. Then we turn to the text. At the close of the meditation we want to be truly able to say a prayer of thanksgiving from a heart that is full.

4. How do we overcome the problems of meditation?

Whoever seriously undertakes the daily practice of meditation will soon discover great difficulties. Meditation and prayer must be practiced earnestly and for a long time. So the first rule is not to become impatient with yourself. Do not become confused and upset because of your distractedness.

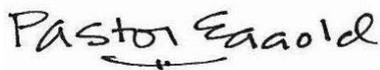
Just sit down again every day and wait very patiently. If your thoughts keep wandering there is no need for you to hold on to them compulsively. There is nothing wrong with letting them roam where they will; but then incorporate in your prayers the place or person to which they have gone. So you will find your way back to your text, and the minutes spent in such diversions will not be lost and will no longer be any cause for worry.

For me, the discipline of daily meditation on Scripture has had a number of benefits. First, it focuses me on God's promises rather than on my anxieties about the day ahead of me. Secondly, it has served to guide my prayers often providing insights and applications that I hadn't considered. And finally, this daily practice of meditation on Scripture has been a wonderful reminder that as I spend my own personal time with God's Word, I am joined around that particular Word by a group of other brothers and sisters in Christ to whom the Lord is also speaking.

I want to invite each one of you to experience this daily discipline with me through Twitter. Each day I send out a Tweet with a verse for the day. To receive the daily Bible verse you can simply follow Thomas Eggold on Twitter. This not something that you should feel obligated to do, nor is it something about which you should feel guilty. It has been a blessing of God's grace to me, and it is my pleasure to include you if you so desire.

If you choose to take part in this exercise in Christian community, I pray that you will experience some of what Bonhoeffer described when he wrote, "Now God has spoken His Word in the silence of the morning; now we have found fellowship with God and with the congregation of Christians. We can go to our day's work with confidence."

In Christ,



Pastor Thomas A. Eggold

Like us on Facebook: Emmanuel Lutheran Church—Building Faith in the City

Check us out on Instagram under buildingfaithinthecity

Pastor Eggold can be found on Twitter under Thomas Eggold



Pictorial Directory – Thank you Emmanuel members for your participation in our new pictorial directory. Now that picture taking is complete, the process of designing the directory, which has been in the works, will be ready to submit to Lifetouch soon. Once they receive our directory they will assemble it, and return it back to us for proofing. The finished directories will be sent to Emmanuel sometime in late August early September.

EMMANUEL'S MINISTRIES...

CAREGIVING Catherine Peterson and Phyllis Tittman, Deacons

We seek out those in need and
respond with the healing love of Christ.

Caregiver Support – Are you currently serving as a caregiver? Do the needs of a spouse, parent or child require your attention? Would you like opportunities to talk with other caregivers? Join others who are experiencing similar demands on time and energy to gain answers, perspective and support. We will meet in Ebenezer Hall on **Monday, July 9, at 1:00 p.m.**

Cup of Kindness boxes can be found in the Welcome Center. The money collected is used by Lutheran

Social Services for families who have crisis needs.

Food Pantry –To meet the needs of those who visit our food bank in July we could use donations of cereal, canned vegetables, fruit, peanut butter, mac and cheese, pasta, pasta sauce, deodorant, shampoo, dish and hand soap, toothpaste and paper products, especially toilet paper and paper towels. Food donations can be placed in the “Food Pantry” box located in the Welcome Center. Cash donations may be placed in your church envelope and marked “food pantry” on the “other” line. Members may stop by for food any day when the office is open, and the food pantry will be available for those living in the 46802 zip code area on Thursday, July 19, from 3:30-5:30 p.m. in the lower level of Ebenezer Hall. If you are interested in helping with this ministry, please contact Carolyn Beitz at 432-9189.

Grief Support will be held on Wednesday, July 18, at 10:00 a.m. at Emmanuel Church to carpool to Pastor Arnie and Kathy Piering’s lake cottage at Little Otter Lake. Please call Ed Krueckeberg at 482-2171 if you have not already registered.

Parish Nurse Notes—Lana Hille

Blood Pressure Screening—Nurses are available to take blood pressures this month at church on **Sunday, July 29**, 9:15-10:15 a.m.,

Eyeglass and Hearing Aid Donations – The Lion’s Club has long been recognized for their efforts in assisting the sight impaired by collecting used eyeglasses. Not as well-known is their collection of hearing aids and batteries. Our member, Dick Alfeld has placed a collection box in the Welcome Center to gather those eyeglasses, hearing aids and batteries that you no longer use. Thank you for your support.

Lighten the Load for Improved Health – TV shows such as The Biggest Loser can provide motivating entertainment, but those shows also can create unrealistic weight-loss expectations. The true reality is that you don’t have to get frustrated trying to lose hundreds of pounds. Instead, losing just 5 percent of your body weight (10 pounds for a 200-pound person) can greatly improve a number of health problems. For example, losing 10 pounds:

- Relieves 40 pounds of pressure on you knees and other lower body joints. The result is less wear on your knees and reduced inflammation on your joints.
- Delays or even prevents Type 2 diabetes. If you already have Type 2 diabetes, the weight loss can help reduce your medication usage, control your blood sugar, and lower your odds of the diabetes leading to other health problems.
- Lowers your Triglycerides helping you reduce your risk for a heart attack or stroke.
- Eases blood pressure.
- Stops sleep apnea. One of the results of being overweight is the extra tissue that can develop in the back of your throat. When you relax and fall asleep, that extra tissue can drop down into your airway making breathing more difficult. Losing weight can lead to losing the breathing devices that treat sleep apnea.

The two tried-and-true methods that can assist you in losing weight are controlling what you eat (managing portion sizes) and being more active. *Sources: Harvard Health Publications and WebMD*

CHRISTIAN EDUCATION Dave Smith, Deacon

We provide all ages with an environment for comprehensive Christian education and continuing spiritual growth.

LUTHERAN CHRISTIANITY

June 3—August 26

Instructors: Rev. Thomas A. Eggold and Rev. Daniel Sheaffer

Location: Brandt Hall

For all new members and anyone who would like a refresher, this course explores what Lutherans believe and why we believe it. There will be chances to ask questions about God and faith, plus an inside look at our Emmanuel family and the building where we worship.

CULTIVATING GODLY HABITS

June 3—August 26

Instructor: Rev. Dennis McFadden

Location: Ebenezer Hall, Lower Level

Piety (good word) is *not* pietism (bad word). We will examine the way to cultivate habits of piety that include the study of God's Word, daily prayers, sharing the Lord's Supper, confession, sacrificial giving, good works, and remembering our eventual death.

WEEKDAY CLASSES

Mondays

Selections from the Letters of John and Peter: 12:30-2:00 p.m. (1st and 3rd Mondays)

Over the summer we will conclude our study of John's epistles and then explore the New Testament letters written by Peter.

Instructor: Jim Croxton **Location:** Ebenezer Hall

Wednesdays

Men's Bible Study: 6:30-7:30 a.m. (continuing)

Instructor: Rev. Thomas A. Eggold **Location:** Brandt Hall

Pastor's Bible Study: 10:00-11:00 a.m. (continuing)

Instructors: various presenters **Location:** Ebenezer Hall

Fridays

Men's Ministry Bible Study 6:30-7:30 a.m. (continuing)

Instructor: John Martin **Location:** Mocha Lounge, Covington Road

Lutherans For Life

June 8, 9:30am	Lutherans for Life meeting at Emmanuel
July 13, 9:30am	Lutherans for Life meeting at Emmanuel
July 13 & 14	Defenders Boot Camp
Aug. 10, 9:30am	Lutherans for Life meeting at Emmanuel
Aug. 25, 9:00am	Strides of Hope Walkathon

Consider This...

The law was brought in so that the trespass might increase. But where sin increased, grace increased all the more, so that, just as sin reigned in death, so also grace might reign through righteousness to bring eternal life through Jesus Christ our Lord. Romans 5:20–21

Preschool/Daycare Ministry

Part-Time Childcare Workers Needed – Emmanuel Lutheran Early Childhood Ministry is in need of part-time childcare staffers who are flexible with scheduling, who love being with children, and who have a passion for sharing the love of Jesus. An employee is needed M,W, & F mornings to be with our two year-olds. An employee is also needed after 3:00 p.m. to help supervise a mixed-age group of preschoolers. Any potential employee must be willing and able to participate in CPR and 1st Aid training and to have a drug screen and fingerprint/background check. Persons experienced in nurturing children who could help fill in some gaps in our schedule should call Gwen Kanning (423-1369, extension 340).

Preschool & Daycare for 2018-2019 – Preschool and daycare enrollment for the 2018-2019 school year is going well! We still have some spots available.

We offer morning preschool classes for children ages 2-5, as well as afternoon and all-day classes for children ages 4-5. We also offer full-time or part-time wrap-around childcare for hours before and after preschool from 7:00 a.m. to 5:30 p.m. Please call Gwen Kanning at 423-1369, extension 340, to receive further information or to schedule a tour.

Vacation Bible School

Emmanuel's VBS 2018 was a great success! Thank you again to the many donors for this program! Your generosity makes this event possible. Thank you to the many volunteers, students and families who participated! Your sacrifice and work are so valuable to this ministry at Emmanuel. Our work as a congregation is not done! We are sponsoring a project for the Lutheran Heritage Foundation with our VBS offerings and need some help to make our final goal of \$500. If you're able and willing to donate to this cause, please mark your donation with the label "VBS Offering 2018." For more information about this project please feel free to talk to Pastor Dan.

DISCIPLESHIP MINISTRY Chuck Werth, Deacon

We connect members with each other for their spiritual welfare through Christian service and loving care.

Emmanuel's Book Club will meet on Thursday, July 19 at 7 p.m. in Ebenezer Hall. The books of discussion will be "Lethal Licorice" an Amish Candy Shop Mystery and "Assaulted Caramel" both books by Amanda Flower. Everyone is welcome to attend. Any questions, please contact Beth Igney at 260-466-5105 or 260-203-9959.

Summer Growth Groups

Summer Growth Groups are underway, but it's not too late to join!

- **Monday Morning Motivation** is a women's devotion group that meets Monday mornings at 6:45 am at the Mocha Lounge.
- The **Millennial Matters** Group for college students and recent college graduates will meet in the Loft on July 8 and 29. The topics covered will be Real Estate 101 and Automotive Basics.
- Chris Darby would love to have you join his group when they meet again at a local microbrewery or distillery. Register so he can contact you with details.
- Linda Shutt is leading the service group with landscaping efforts on the church grounds. Be sure to register so you can get the schedule.

Details on all of the current summer groups can be found in the Registration Folder in the Welcome Center.

Coming Soon to a Growth Group Near You...

- Pastor Thomas will be leading a study on Bonhoeffer's **Life Together**.
- We would like to build on the current service group to start a NeighborLink service group.
- Back by popular demand is Sonya Eggold's **Healing Kitchen**.
- **Men of Iron** will be facilitated by Charlie Chapman at the Professor Wellness and Fitness Center. You can improve your physical and spiritual health with a workout and a devotion.
- **This is Us** will be facilitated by Pastor Tom and Kathy Eggold. Group members will get to know each other better by sharing their adventures in travel and interest in movies.

Subscribe to the Growth Group Newsletter or contact John Martin, john.316.martin@icloud.com, for more information on the upcoming Growth Groups.

FAMILY MINISTRY Bryan Stout, Deacon

We strengthen families through Christ-centered spiritual, social, and intergenerational activities, equipping them to be faith builders in their homes.

Youth News...

Senior High Youth—9th, 10th, 11th and 12th Graders

The senior high youth group will travel by bus to Texas July 6-14. Thirty-nine youth and adults will serve the community of San Augustine, TX, primarily in the way of home repair. Please pray for the following: safety in travel, that their efforts would encourage the people with whom they come into contact, and that the group would be receptive to the Holy Spirit's leading during their time together.

Junior High Youth—6th, 7th and 8th Graders

Emmanuel 6th-8th Graders – We want you to participate in the Indiana District Youth Rally at Camp Lutherhaven! No matter if you're in day school, home school, private or public school this rally is for you! If you're interested and want more information contact Pastor Dan at 423-1369 or pastordan@emmanuelutheran.org. Check out the Youth bulletin board by the church office for more information. Early bird registration ends July 31!

OUTREACH Tina Bruce, Deacon

We equip, train and empower all members to share the saving Gospel of Jesus Christ.

Meet our New Members...

Kathleen Freimuth is retired along with her husband, William. They both enjoy riding bicycles and walking. Kathleen writes "We love our family, and enjoy spending time with them. We are very blessed."

Robert and Diana Hedtke – Robert is a retired LCMS pastor and he and Diana enjoy reading, camping and being with family.

Thank You

We rejoice with Doug Richey and his family at the good news they recently received. Doug's cancer is in remission! We give thanks to the Lord for this great blessing and answer to prayer! Doug and Lori also thank all the members of Emmanuel for their continued prayer support throughout this process.

"Dear Pastors Thomas and Daniel and all the wonderful people at Emmanuel;

Words cannot begin to express how all of you helped our family through Orval's death. Also, a special thank you to the ladies who prepared and served the funeral luncheon. It was delicious.

Ellen Van Auken, Linda, Bob, Bill, Cathy, Renee and Jenny

"Dear Emmanuel Lutheran,

Thank you for your gift supporting the outdoor ministry of Camp Lutherhaven! God continues to work powerfully through this special place as He touches people with His power and love – all while blessed to be in the midst of His creation. Your generous gift helps make that possible. We are blessed by your partnership in this ongoing, year-round ministry of Camp Lutherhaven. Thank you again for your investment!"

Your brother in Christ,

Tim Jank, Executive Director

The Stewardship of the Church

*Christian Stewardship is managing all of life
and life's resources for God's purposes*

EMMANUEL'S MINISTRIES

The contributions made to "Emmanuel" supporting the ongoing mission and ministry efforts of Emmanuel congregation.

Year to Date: \$675,977

"THUS FAR..."

The gifts listed below have been received and will support the "Thus Far" campaign designed to develop our campus and restore our sanctuary.

To Date: \$3,309,973

DISTRICT AND SYNOD

The contributions designated for "District and Synod" are sent to the Indiana District of the Lutheran Church – Missouri Synod and are used for local, national and world mission efforts.

Year to Date: \$10,027

CUP OF KINDNESS

The money contributed in the "Cup of Kindness" boxes is distributed by Lutheran Social Services to local families who have crisis needs.

Year to Date: \$12,078

Church Attendance

Week of Sunday, June 3—597

Week of Sunday, June 17—514

Week of Sunday, June 10—522

Week of Sunday, June 24—477

Births

Finley Harper Strasser – June 17, 2018
Anakin Alexander Caldwell – June 19, 2018
Henry Joseph Bruce – June 22, 2018

Official Church Acts

Youth Confirmation

May 5

Daniel Adair, Evan Adam, Catherine Bilodeau, Ellie Dahlkamp, Christian Detwiler, Isabella Freimuth, Isaiah Freimuth, Miles Hahn, John Harless, Aaron Hastings, Ike Imler, Audrey Krauhs, Nolan Labahn, Logan Lankenau, Kennan Leis, Annie Madden, Melina McClure, Avery Newsome, Justin Paetz, Harrison Reed, Dylan Scheumann, Kelton Smith, Isaiah Tietz, Ethan Wentland,

Transfer In

July 2

Sylvia Alfeld from First Lutheran Church, Harrison, AR
Joseph Nichols from St. Michael Lutheran Church, Ft. Wayne, IN
John Nichols from St. Michael Lutheran Church, Ft. Wayne, IN

Vincent Sommerer from Trinity Lutheran Church, Springfield, MO

Profession of Faith

July 2 Marjorie Rodemeyer

Transfer Out

July 2 Paul andn Pam Haynes to St. John’s Lutheran Church, Jefferson City, MO

Child Baptism

June 3 Raelynn May Rush

June 24 Maisie Marie Hull

Married

June 9 Joseph Nichols and Sarah Maneval

Deceased

June 19 Mary Jellison

June 21 Amanda Salyer

June 26 Phyllis Elonzae Shaw

Memorials

Bob Bradtmiller	Emmanuel	\$760
JoAnn Hatfield	Stephen Ministry	\$350
Amanda Salyer	Emmanuel	\$20
Cal Schultz	Emmanuel	\$1,433
Phyllis Elonzae Shaw	Emmanuel - LSCM	\$20

News Around Town

Follow the Pipes – A Three Rivers Festival Event – “Follow the Pipes” is a series of “organ crawls” featuring various venues and organists of the Fort Wayne area. On Wednesday, July 18, the venue will be **Emmanuel Lutheran Church beginning at 3:00 p.m. with organist, Myra Schmidt**. There is no registration needed for this event and it last approximately an hour.

Lutheran Night Outing with the Fort Wayne Tincaps, on Monday, August 6, with game time beginning at 7:05 p.m. \$1 from each ticket sold goes to the ECHO Program (Education Creates Hope and Opportunity) to help teens in need complete their high school education. Each Monday night, fans can enjoy select concession items for only \$1, including hot dogs, popcorn, soft drinks, and pizza slices! This event is fun for the entire family. See the “Around the Town” bulletin board in Brandt Hall across from Pastor Dan’s office, for a flyer with complete information about the night and how to pre-order your tickets.



The Ministry

- Providing weekly worship services for hundreds of residents in 31 Fort Wayne area nursing facilities
- Providing large print "Portals of Prayer" to the residents

LSCM Worship Opportunities

One of the great opportunities that LSCM provides is for family members to worship with a loved one who is in a nursing facility. When a person enters a nursing home, they can no longer worship with their families, and that can be a painful loss for both the resident and their loved ones. The weekly LSCM worship services not only give residents the opportunity to worship each week; these services also give family members the opportunity to worship with their loved one. Family members are always invited to worship with their loved ones at these services. To let you know the day and time of the service in each nursing facility, LSCM makes sheets with this information. Look for these sheets either on a church bulletin board or as an insert in a bulletin or newsletter. Or, you can contact the nursing home and ask when the Lutheran worship service for residents is held in their facility.

You Can Assist this Important Ministry

- Pray regularly for our LSCM chaplains and for all who participate in these services
- Consider supporting LSCM with a financial gift to "LSCM" and send it to:

**LSCM
Emmanuel Lutheran Church
917 West Jefferson Blvd.
Fort Wayne, IN 46802**